

Appl. No.: 10/804,598  
Amendment dated August 1, 2007  
Reply to Office Action of July 2, 2007

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IN THE CLAIMS:

Please amend the claims as follows:

1-12. (Canceled)

13. (Original) An electronic recording device for recording resistance training parameters thereon, the electronic recording device comprising:

- (i) an input device having inputs for executing a workout routine; and
- (ii) a display device having a display surface area;

wherein the number of said inputs is less than or equal to five, and wherein the display surface area is less than or equal to two square inches.

14. (Original) The electronic recording device of claim 13, wherein the number of said inputs for executing said workout routine is less than or equal to four.

15. (Original) The electronic recording device of claim 13, wherein the number of said inputs for executing said workout routine is less than or equal to three.

16. (Original) The electronic recording device of claim 13, wherein the number of said inputs for executing said workout routine is less than or equal to two.

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17. (Original) The electronic recording device of claim 16, wherein the first of said two inputs is a push-button device, and wherein the second of said two inputs is a rotating device.

18. (Original) The electronic recording device of claim 13, said input device having a total number of said inputs less than or equal to five.

19. (Original) The electronic recording device of claim 13, said input device having a total number of said inputs less than or equal to four.

20. (Original) The electronic recording device of claim 13, said input device having a total number of said inputs less than or equal to three.

21. (Original) The electronic recording device of claim 15, wherein said electronic recording device is provided in a wristwatch body.

22. (Original) The electronic recording device of claim 21 having a vibrating indicator mechanism for notifying a user to initiate a set of a resistance training exercise.

23. (Original) The electronic recording device of claim 15, wherein said electronic recording device is provided in a body of a sport wristwatch.

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24. (Original) The electronic recording device of claim 23, wherein said display surface area is less than or equal to 1.5 square inches.

25. (Original) The electronic recording device of claim 23, wherein said display surface area is less than or equal to one square inch.

26. (Original) The electronic recording device of claim 23, wherein said display surface area is less than or equal to 0.5 square inch.

27-36. (Canceled)